**Hypothesis:**

100 Victorian 35-year-old adults with mild depression who receive new treatment of fish oil tablet (one tablet per day for ten weeks) will have a higher percentage of positive responses (ie. percentages of strongly agree and agree) than 100 Victorian 35-year-old adults with mild depression who receive a placebo.

**Variables:**

The independent variable (IV – categorical variable) is either IV condition 1 – the new treatment of fish oil tablet or IV condition 2 – the placebo condition, ie. no fish oil ingredients.

The dependent variable (DV – continuous variable) is the percentage of positive responses (strongly agree and agree) from 3 questions.

The controlled variables are the standardised time taken of survey (continuous variable), random allocation of participants to IV condition 1 or 2 (categorical variable) and a double-blind procedure (categorical variable) will be used.